Membership Directory

2018
Western Mass Eldercare Professionals Association

STEERING COMMITTEE

Sharon Ashton, Planning - Tel: 413-533-5336
Home Health Solutions

Jan Porter, Membership - Tel: 413-562-6228
Infinex Investments, Inc.

Gina Barry, Legal - Tel: 413-781-0560
Bacon Wilson, P.C.

Please feel free to contact any Steering Committee member with your questions, suggestions or concerns.
Western Mass Eldercare Professionals Association

**A Better Life Homecare, LLC**
20 Maple Street, 2nd Floor
Springfield, MA 01103
(413) 209-8866 • Fax (413) 285-8152

Email: storres@ablhomecare.com
Website: www.ablhomecare.com
Contact: Seneida Torres, Community Outreach Manager

**Services:** A Better Life Homecare, LLC is a Medicare accredited; CHAP certified home care company owned by a group of caring and professional nurses. Their mission is to provide improved care, one patient at a time. At A Better Life Homecare, LLC, we are passionate about our services. Our team not only advocates for our clients but also goes above and beyond to meet their needs. Services include: Skilled Nursing, Physical Therapy, Occupational Therapy, Behavioral Health Services, Home Health Aides, Personal Care Attendants (PCA) and transportation.

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**Advocate 4 You**
17 Belli Dr.
Wilbraham, MA 01095
(413) 596-9393 • Cell & texting (413) 237-5724

Email: advocate4you@charter.net
Contact: Maura Lessard RN, BSN, CCM, Concierge Nurse Advocate Care Coordinator & Certified Case Manager

**Services:** Provides advocacy, personalized care coordination and resource management. We are healthcare liaisons and medical mentors offering guidance, education and empowerment for which to help our clients and families to overcome obstacles and feel less overwhelmed with handling any aspect of their healthcare. With compassion and respect we help our clients and families to solve problems, navigate obstacles and conquer the healthcare maze.

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**Alzheimer's Association**
264 Cottage St.
Springfield, MA 01104
(617) 393-2156 • Fax (413) 787-1109

Email: mlemay@alz.org
bjagodowski@alz.org
Contact: Meghan Lemay, Regional Manager
Heather Jagodowski, Program Coordinator

**Services:** The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. We offer free education programs, support groups, care consultations and a 24/7 Helpline which we encourage anyone to call with any questions. Alzheimer's Association 24/7 Helpline: 800-272-3900
Western Mass Eldercare Professionals Association

AMERICAN INN FOR RETIREMENT LIVING
One Sawmill Park
Southwick, MA 01077
(413) 569-1215

Email: Carole@americaninn-sawmillpark.com
Website: www.theamericaninn.net
Contact: Carole Hardick, Sales Director

Services: A 55+ active adult community providing a continuum of health care since 1995. Situated on 50 countryside acres with 129 cottages, offering one and two bedroom floor plans, all with basements, garages and front and back screened or 3 season porch’s. There are 40 independent apartments both one and two bedroom, and 18 assisted living studio apartments. Each home offers barrier free one level living. On campus is a heated pool, exercise and fitness classes, library, cafe’ and a dining room for fine dining. There is also 24 hour staffing. Many on and off site activities including transportation for doctor visits.

ARBORS AT CHICOPEE ASSISTED LIVING (THE)
929 Memorial Drive
Chicopee, MA 01020
(413) 593-0088 • Fax (413) 593-8866
(413) 237-8870 Deborah

Email: cdasilva@arborsassistedliving.com
dsullivan@arborsassistedliving.com
Website: www.arborsassistedliving.com
Contact: Crystal DaSilva, Marketing Director/ Executive Director
Deborah Sullivan, Director of Community Relations

Services: The Arbors communities are designed to provide opportunities for residents to enjoy a life they choose through a Variety of Living options, amenities, services and customized personalized care.

ARBORS AT WESTFIELD (THE)
40 Court Street
Westfield, MA 01085
(413) 562-0001 • Fax (413) 562-4214
(413) 237-8870 Deborah

Email: btsyriac@arborsassistedliving.com
dsullivan@arborsassistedliving.com
Website: www.arborsassistedliving.com
Contact: Bianca Syriac, Marketing Director
Deborah Sullivan, Director of Community Relations

Services: The Arbors at Westfield is an assisted living community offering meals, housekeeping, personal care, and daily activities. We offer both a traditional and Reflections program for those with Alzheimer’s or other memory impairments. The Arbors also offers respite care, GAFC, a moderate-income program as well as private pay. Apartment sizes range from studios, one bedrooms, two bedrooms, and companion suites.
Western Mass Eldercare Professionals Association

**Armbrook Village**
551 North Road
Westfield, MA 01085
(413) 568-0000 • Fax (413) 568-0006

Email: bcardillo@armbrookvillage.com
Jwaniewski@armbrookvillage.com
Website: www.armbrookvillage.com
Contact: Beth Cardillo, M.Ed, LSW, Executive Director
Julie Waniewski, Director of Community Relations

**Services:** Armbrook Village located on the outskirts of the City of Westfield offers a total of one hundred twenty-two apartments of premier studio, one and two-bedroom independent living apartments, service enriched assisted living and state-of-the-art Compass Memory Care Support Neighborhood featuring innovative research-based programming for those with memory loss. Amenities include: health club, pub, movie theater, piano lounge, Wi-Fi internet café, grille room restaurant, library and a creative arts center. Armbrook Village is a rental community managed by Senior Living Residences.

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**Bacon Wilson, P.C.**
33 State Street
Springfield, MA 01103
(413) 781-0560 • Fax (413) 739-7740

Email: gbarry@baconwilson.com
Website: www.baconwilson.com
Contact: Gina M. Barry, Esq.

**Services:** Full service regional law firm with fully staffed offices in Springfield, Westfield, Northampton and Amherst; ability and willingness to handle all legal needs from simple to complex; specialists available in nearly all areas of law.

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**Baystate Accessibility Remodelers**
120 New State Road
Montgomery, MA 01085
(413) 862-4718 • Fax (413) 862-4719

Email: Cindy@BaystateRemodelers.com
Contact: Cynthia Harris, President
Website: www.BaystateRemodelers.com

**Services:** Baystate Remodelers is a full-service carpentry company. We specialize in creating safe and accessible homes for seniors who wish to age in place and people of all ages with disabilities. We offer a wide range of services including: kitchen modifications, full bathroom remodels and additions including walk in/roll in showers, tub cut outs and grab bar installations. We also offer modified or customized stair systems, stair lifts, vertical wheelchair lifts, handrails and ADA compliant aluminum ramps – for rental or purchase. We have many items in stock and some modifications can be made within 48-72 hours. We offer a free home assessment to evaluate the specific needs and wants of our customers. Fully licensed and insured. Certified Aging In Place Specialist.
Western Mass Eldercare Professionals Association

**BEACON HOSPICE**
815 Worcester Street
Indian Orchard, MA 01151
(413) 543-3133 · Fax (413) 543-3137

Email: tracey.pidgeon@amedisys.com
Contact: Tracey Pidgeon, Volunteer Coordinator

**Services:** Beacon Hospice, an Amedisys company, is committed to providing the best hospice and palliative care experience available. In every area of hospice care, we try to do more than what is required and expected. The desire to do more can be seen in the passion and commitment of our staff and volunteers. It can also be measured by the services we offer, which go above and beyond what typical hospices offer.

**BENCHMARK SENIOR LIVING: ATRIUM AT CARDINAL DRIVE**

Email: cmoran@benchmarkquality.com
abaker1@benchmarkquality.com
Website: www.atriumatcardinaldrive.com
www.benchmarkseniorliving.com
Contact: Cheryl Moran, Executive Director
Allison Baker, Director of Community Relations

**ATRIUM AT CARDINAL DRIVE**
153 Cardinal Drive
Agawam, MA 01001
(413) 821-9911 • Fax (413) 821-9912

**Services:** The Atrium at Cardinal Drive, a Benchmark Senior Living community, is the only assisted living residence in Western Massachusetts designed exclusively to serve the needs of individuals with memory loss. Our goal, in everything we do, is to create an environment that feels safe and familiar, empowering and fulfilling.

Each detail of our unique, single story residence is the result of our efforts to create an environment that helps residents maintain their independence and continue to lead safe and rewarding lives. “Neighborhoods” create home-like social groupings and encourage interaction and activity participation, while indoor space is arranged to facilitate easy maneuvering and cue action through visual orientation.

Our Live Now, Live Engaged lifestyle provides purposeful, meaningful, successful days. LNLE is the winner of the 2013 Optima Award. Our Exceptional memory care is led by experienced Certified Dementia Specialists. Personal care plans are based on individual needs, rather than on time spent providing care.

Our residents are able to enjoy all the comforts of senior living in Agawam, MA while their loved ones can be assured they are receiving the level of care that best meets their needs.
Western Mass Eldercare Professionals Association

**BOTTOM-LINE BODYWORK, LLC**
P.O Box 371
Bondsville, MA 01009
(413) 250-5139

Email: Saskia@bottomlinebodywork.com
Web site: www.bottomlinebodywork.com
Contact: Saskia Cote’, Founder / Owner

**Services:** We work with skilled nursing facilities on retaining your employees, cutting healthcare costs, and increasing productivity through a specialized employee wellness program.

- **Reduce** workman’s comp claims and sick days
- **Take care** of employees’ pain/injuries in house
- **Improve** employees’ focus, alertness, and performance
- **Increase** team spirit
- **Attract** new residents because employees give better service

With short, targeted on-site massage therapy sessions, our trained therapists address your team’s needs, for happy employees, and a healthy bottom-line.

**BRIGHTSTAR CARE OF HARTFORD & SPRINGFIELD**
556 Elm St., Suite 202
Windsor Locks, CT 06096
(860) 758-7600 • Fax (860) 758-7602
(413) 297-9870

Email: heidi.partain@brightstarcare.com
Web site: www.brightstarcare.com/hartford
Contact: Heidi E. Huhn Partain, President

**Services:** Delivering a Higher Standard of In-home Care and medical staffing in Western Mass and the greater Hartford/Springfield market.

**BROWNSTONE GARDENS/ CARR PROPERTY MANAGEMENT**
75 Pleasant St.
East Longmeadow, MA 01028
(413) 525-9825

Email: rsc.brownstone@carrproperty.com
Contact: Rebecca Stack, Resident Service Coordinator

**Services:** Senior apartment independent living community. Must be income eligible
Western Mass Eldercare Professionals Association

CAREGIVERS OF MASSACHUSETTS
125 Liberty Street, Suite 100
Springfield, MA 01103
(413) 372-5852 • Fax: (413) 372-5858
Email: mmorrill@caregiversofma.net
Website: www.caregiversofmass.com
Contact: Maria A. Morrill, Community Liaison

Services: Care Givers of Massachusetts is a Medicare Certified and CHAP accredited homecare agency licensed that provides both skilled nursing care, and non-skilled homecare and home health aide services. At Care Givers of Massachusetts, our goal is to provide safe, reliable, personalized care in order to promote our clients ability to prolong independence in their homes and the community, for as long as possible.

CAREGIVER HOMES
1985 Main St. Suite A
Springfield, MA 01103
(413) 233-6841 Matt • Fax: (413) 594-1139
(413) 276-5986 Janet
Email: msemenza@caregiverhomes.com
jsimeone@caregiverhomes.com
Website: www.caregiverhomes.com
Contact: Matthew Semenza, Senior Account Manager
Janet Simeone, District Manager

Services: Caregiver homes is a Mass Health program specializing in Adult Family Care. We support caregivers in the home. We provide the assistance of a Registered Nurse and pay Caregivers.

CARING TRANSITIONS OF Hampden COUNTY
144 South Brook Rd.
East Longmeadow, MA 01028
(413) 318-8389
Email: cwhite@caringtransitions.com
Website: www.caringtransitionshampdencounty.com
Contact: Christina White, General Manager

Services: Expert Relocation Specialists. We provide a-la carte services to seniors relocating, downsizing, moving to independent/assisted living. Services include: packing, decluttering, move management, resettling, estate sale/on line auctions.
Western Mass Eldercare Professionals Association

CARR PROPERTY MANAGEMENT/ IWISH TEAM

307 Chestnut St.
Springfield, MA 01104
(413) 317-7691
(413) 342-4924 (Linda)

Contact:  Patti Hanson, RSC Administrator/ Resident Wellness Director
Email:  P.hanson@carrproperty.com
Lynmari Diaz, Resident Wellness Director
Rsc.seniority@carrproperty.com
Linda F. Heinze Rn, BSN, Wellness Nurse
shwellness@carrproperty.com

Services: Carr Property Management is a service organization specializing in property management services. Our company manages a variety of low income and subsidized housing units in Massachusetts, Connecticut, and New York. Our properties offer safe, affordable, well maintained apartments and our buildings are staffed with on-site office staff, service coordinators, and maintenance personnel in order to ensure that our resident’s needs are met.

The new HUD granted IWISH program is currently being introduced at our Seniority House property in Springfield, MA. The model facilitates successful aging in the community by helping residents proactively address their health and social needs to maximize their independence, well-being, and quality of life. By creating strong partnerships with social service organizations, the team supporting IWISH participants is expanded, duplication is avoided, and resourcefulness and creativity on how to best support resident needs is fostered.

CENTER FOR EXTENDED CARE & REHABILITATION AT AMHERST

150 University Drive
Amherst, MA 01002
(413) 800-2275 • Fax (413) 825-1050

Email:  Ldevine@cecaa.com
Website:  www.cecaa.com
Contact:  Lori Devine Payson, Director of Business Development

Services: 134 Bed Short-term Rehabilitation Center including Long-term Living and Memory Impairment Neighborhood.

CHAPIN CENTER

200 Kendall Street
Springfield, MA 01104
(413) 233-7840 • Fax 1- (414) 375-3876

Email:  admissions2@chapincenter.com
Contact:  Jassidy Franqui, Admissions Director/ Business Development Director

Services: Chapin Centers have been serving the Chicopee, Holyoke and Springfield area for over 35 years. Our facilities are located close to local hospitals. We provide post-acute services, rehabilitative services, skilled nursing, short and long term care through Physical, Occupational, and Speech Therapists: Registered and Licensed Practical Nurses and Certified Nursing Assistants. This is complemented by Social Services, Activities, Nutritional Services, Housekeeping and Laundry Services. With over 300 years of combined experience, our staff of professionals is here to meet the needs of each and every patient and resident. Our post-acute services assist those transitioning from hospital to home.

Our team of professionals will work with the physician to provide the level of care and services that will help each individual meet their goals for a successful discharge home. For those residents who can no longer be on their own and need long term care we offer general nursing and restorative services in a warm and home-like environment.
Western Mass Eldercare Professionals Association

CHOICES ELDER SUPPORT, LLC
P.O. Box 1272
West Springfield, MA 01089
(413) 439-5590

Email: connorsharon413@gmail.com
Website: www.choiceseldersupport.com
Contact: Sharon Connor, Owner

Services: Providing Care Management and Consultation services.
Care Management is for older adults who are experiencing health and lifestyle changes. We complete a comprehensive assessment which has recommendations for services and resources to best assist them. We then arrange for, monitor and modify the services as needed. We are available to assist in an emergency. We partner with family and caregivers to meet the needs of the client on an ongoing basis.

Consultation is for those older adults who are thinking about future changes and would like to know more about their options. We complete a comprehensive assessment based on their finances, lifestyle and health, and provide a recommended plan that takes into consideration the myriad of services available. This is a short-term service usually involving 1-3 visits to complete.

CHRISTOPHER HEIGHTS OF BELCHERTOWN
99 Front St.
Belchertown, MA 01007
(413) 323-5500 • Fax (413) 323-9100

Email: lstone@christopherheights.com
Website: www.christopherheights.com
Contact: Lorna Stone, Director of Marketing and Admissions

Services: Christopher Heights Assisted Living of Belchertown will be opening Spring of 2018. We are in the beautiful Carriage Grove neighborhood that features walking paths and a common green. Residents will enjoy private apartments with kitchenette and bath, furnished with their own possessions. Christopher Heights offers three chef-prepared meals served daily, a daily schedule of social activities, personal care assistance, medications reminders, a dedicated staff available 24 hour a day-7 day a week, safety checks, housekeeping and laundry service. Our mission is to help residents maintain their independence by providing quality assisted living services in a dignified living environment.

CHRISTOPHER HEIGHTS OF NORTHAMPTON
50 Village Hill Road, Suite 1
Northampton, MA 01060
(413) 584-0701 • Fax (413) 586-0431

Email: grodgers@christopherheights.com
Website: www.christopherheights.com
Contact: Geralyn Rogers, Director of Marketing & Admissions

Services: Christopher Heights of Northampton, is an Assisted Living Community nestled in a beautiful community on Village Hill Road. Residents enjoy private apartments with a kitchenette and full bath. Christopher Heights offers three chef prepared meals served daily, full social and activities programs, personal care assistance, medication reminders, dedicated staff available 24 hours a day, 7 days a week, safety checks, housekeeping and laundry services. Our Mission is to help residents maintain their independence by providing quality assisted living services in a dignified living environment.
Western Mass Eldercare Professionals Association

Clutter Doctor, Inc. (The)
50 Devonshire Terrace
East Longmeadow, MA 01028
(413) 525-7345

Email: carleen@clutterdoctor.com
Website: www.clutterdoctor.com
Contact: Carleen Eve Fischer Hoffman, President/Owner/Founder

Services: Helping individuals in Western Massachusetts and Northern Connecticut to downsize and organize.

Colony Care at Home
74 Walnut Street
Springfield, MA 01105
(413) 455-1122 *Fax (888) 467-9097

Email: debbie@colonycareathome.com
Website: www.Colonycareathome.com
Contact: Debra Maxton, Agency Director

Services: Our experienced and compassionate caregivers provide homemaking, personal care, and companion services. We specialize in memory care, transportation services, and live-in cases as well. When a family member or friend needs a professional caregiver, then you need a home care agency you can depend on. We’ll help them stay at home safely and comfortably. You can depend on Colony Care. Private pay, insurance, and agency referrals accepted.

Cooley Dickinson VNA & Hospice
168 Industrial Drive
Northampton, MA 01060
(413) 584-1060

Email: tweiswasser@cooleydickinson.org
Website: www.vnaandhospice.org
Contact: Trina Weiswasser, Director of Business Development

Services: At Cooley Dickinson VNA & Hospice, we’re here to help you manage whatever challenges you face. For those facing short-term illness or injury, that can mean the specialized assistance of a nurse or physical therapist. For those facing terminal illnesses, that can mean the emotional, physical and spiritual support of everyone from medical experts to therapeutic musicians. A trained team, ready to come to you. We’re fortunate to have 135 employees on our hard-working team who are all focused on home-based care. These compassionate, talented professionals made 55,000 visits to patients in the last year providing care for those needing assistance seven days a week throughout Hampshire County and parts of Franklin County. Our team’s experts include; Nurses, Physical, Occupational and Speech therapists, Social workers, Home health aides, Grief and Spiritual counselors, Volunteers.
**Western Mass Eldercare Professionals Association**

**EAST VILLAGE PLACE**
50 Benton Drive
East Longmeadow, MA 01028
(413) 525-8150 • Fax (413) 525-8153

**Email:** jszczenek@watermarkcommunities.com  
**Website:** www.eastvillageplace.com  
**Contact:** Jessica Szczepanek, Sales Director

**Services:** East Village Place Assisted Living and 2 Levels of Memory Care Community in East Longmeadow provides individualized care plans for assistance with daily living tasks specifically catered to resident’s unique needs, 3 meals per day, housekeeping, transportation and more. Made available daily is a full calendar of events including regular classes offered through Watermark University, stimulating body, mind and spirit. Specializing in all stages of Alzheimer’s and Dementia, offering Two Levels of Memory Care. Respite and Day Club available.

**EL GRUPO DE APOYO DE DEMENCIA**
55 Pratt St.
Springfield, MA
(413) 794-2815 • Fax (413) 794-1891

**Email:** lea.stein@baystatehealth.org  
**Contact:** Lea Stein, RN

**Services:** The Dementia/Alzheimer’s Spanish support group is dedicated to supporting Spanish-speaking caregivers of persons suffering from Alzheimer’s dementia and / or other types of memory loss. We are backed by the Alzheimer’s Association and Baystate Brightwood Health Center. We are a voluntary organization that meets twice a month to offer support, education and stress relief to any Spanish speaking caregiver who participates. The Support group meets at:  
**Dementia/Alzheimer’s Spanish Support Group**  
**Grupo de Apoyo Demencia/ Alzheimer’s**  
**Baystate Brightwood Health Center**  
380 Plainfield St.
Springfield, MA 01607

**EXCEL HOMECARE AND NURSING SERVICES**
4 Stony Hill Rd.
Wilbraham, MA 01095
(413) 583-8900 • Fax (413) 583-8891

**Email:** Christineking@excelnursingservices.com  
**Website:** www.excelnursingservices.com  
**Contact:** Christine King, MS, RD, LDN

**Services:** Christine King, MS, RD, LDN comes to Excel Homecare and Nursing Services with over 40 years of experience in the healthcare industry. She began her education at Holyoke Community College in the fall of 1974 with a clinical internship at Providence Hospital, then a small acute care facility. Christine transferred to UConn’s Clinical Dietetics Program in the school of allied health in Storrs, CT and graduating to begin a wonderful career as a registered dietitian with various positions throughout Western, MA. For almost a year, she has been working for excel as our clinical liaison and per diem dietitian. She finds her work to be very interesting with new opportunities and challenges every day in this new era of providing healthcare.

Excel Homecare and Nursing Services is a full service certified homecare and nursing agency with provides quality homecare and nursing staffing services throughout Western Massachusetts. At Excel, we are committed to helping clients, individuals and families find the right solutions that meet their specific healthcare needs. Services range from Personal Care, Companionship, Meal Preparation, Housekeeping, Shopping, Laundry, Medication management and Skilled Nursing Care. Our experienced staff includes RN’s, LPN’s, PT’s, RD’s, SLP’s, OT’s, CNA’s and HHA’s, providing qualified, screened, bonded and fully insured. Registered Nurses provide an oversight and coordination to ensure the needs of your family and loved ones are properly overseen and met.
Western Mass Eldercare Professionals Association

FEDOR FINANCIAL GROUP, LLC
1252 Elm Street, Ste. 11
West Springfield, MA 01089
(413) 726-9044 • Fax (413) 726-2902

Email: david@fedorfinancial.com
Website: www.fedorfinancial.com
Contact: David E. Fedor, President

Services: At Fedor Financial Group, LLC, we specialize in the following 3 areas: Creating long-term investment plans designed to supplement the future retirement income of our younger clients. Customizing retirement plans for our retired clients who are concerned about outliving their assets to potentially avoid this outcome. Assisting families who are in crisis due to the declining health and increased level of care required by a loved one.

Products and services that we may offer include: 401k & 403b rollovers, Retirement Income Planning, Investment Management, Portfolio Diversification, Long-term Care Insurance, Hybrid Life Insurance with a long-term care component, Tax-Free Long-Term Care Qualified Annuities, Mutual Funds, and Stocks.

Our President, David E. Fedor is a Certified Financial Planner, Practitioner. He is also a Chartered Retirement Planning Counselor. David has been working in the Financial Services industry since 1990. He majored in Economics and Finance at Bentley University. Please call us at 413-726-9044 to schedule your free consultation.

GOVE LAW OFFICE, LLC
358 Sewall St.
Ludlow, MA 01056
(413) 583-5196 • Fax (413) 583-3707

Email: mgove@govelawoffice.com
acarpe@govelawoffice.com
Website: www.govelawoffice.com
Contact: Michael S. Gove, Owner
Amanda R. Carpe, Attorney

Services: Full service law firm with offices in Northampton and Ludlow providing representation in all areas, including estate planning, and elder law issues.

GOVERNOR’S CENTER
66 Broad St.
Westfield, MA 01085
(413) 562-5464 • Fax (413) 562-4377

Email: Bdd@governorcenter.com
Sgraves@theconsultss.com
Website: www.governorcenter.com
Contact: Roxane Cotton, Admissions/ Business Development Director
Stephanie Graves LPN, Business Development Consultant

Services: Governor’s Center has been serving the Hampden, Hampshire and greater Springfield community for over 30 years. We provide post-acute services, rehabilitative services, skilled nursing, short and long-term care through Physical, Occupational, and Speech Therapists: Registered and Licensed Practical Nurses and Certified Nursing Assistants. This is complemented by social services, activities, nutritional services, housekeeping and laundry services. Our team of professionals will work with the Physician to provide the level of care and services that will help each individual meet their goals for a successful discharge home.
Western Mass Eldercare Professionals Association

GREATER SPRINGFIELD SENIOR SERVICES, INC.
66 Industry Avenue, Suite 9
Springfield, MA 01104
(413) 781-8800 • Fax (413) 781-0632

Email: mjc@gsssi.org
Karen.martin@gsssi.org
Brenda.labbe@gsssi.org
Anna.randall@gsssi.org
Website: www.gsssi.org
Contact: Mary Jenewin-Caplin, Area Agency on Aging Director
Karen Martin, Community Services Director
Brenda Labbe, Caregiver Specialist
Anna Randall, Options Counselor

Services: Greater Springfield Senior Services, Inc. is a nonprofit organization that provides a variety of services to enable older adults, caregivers and persons with disabilities to live at home safely and independently for as long as possible. It’s in-home and community-based services include options counseling, specialized information and referral, caregiver assistance, adult protective services, adult foster care and meals on wheels. “Savvy Caregivers” classes are offered for individuals caring for a family members or friends who have Alzheimer’s disease or dementia. Evidence based Healthy Living groups offered to community members and organizations include, My Life, My Health – Chronic Disease Self-Management, A Matter of Balance- Falls Prevention Program; Healthy Eating; Cancer Survive and Thrive; and Tomando

HEALTHCARE NEWS (HCN)
1441 Main Street
Springfield, MA 01103
(413) 781-8600 • Fax (413) 781-3930

Email: Hallock@heathcarenews.com
Website: www.heathcarenews.com
Contact: Melissa Hallock, Advertising Consultant

Services: The Healthcare News is the region’s leading health care publication bringing local medical news, trends and information to nearly 12,000 licensed medical professionals and their patients each month. To learn what’s happening in the regions medical community, visit www.heathcarenews.com.

HOLLOWAY HOME CARE
73 Denver St.
Springfield, MA 01109
(413) 310-0225 • Fax 1(413) 895-6333

Email: hollowayhomecare@gmail.com
Contact: Denise E. Holloway, Executive Director
Western Mass Eldercare Professionals Association

**HOLYOKE HEALTHCARE CENTER**
282 Cabot St.
Holyoke, MA 01040
• Fax (413) 532-4775

Email: ipayette@holyokehealthcare.com
      mpease@holyokehealthcare.com
Website: www.holyokehealthcare.com
Contact: Jennifer Payette, Director of Admissions
        Michelle Pease, Clinical Liaison

**Services:** Holyoke Healthcare Center (formerly known as the Buckley Nursing Home) is a 102 bed facility that offers our residents short term rehab and long term care in a specific patient centered facility. Care is Our Business and we provide first rate, top notch quality care and customer service is our #1 priority. We are entrusted with the care of your loved ones and we strive to have quality outcomes and positive customer experiences for the community that we serve.

**HOME HELPERS OF N.C.C. AND WESTERN MA**
145 Hazard Ave.
Enfield, CT 06082
Office: (860) 698-2244 or (413) 224-1045
(860) 810-6123, Kathy Cell #
• Fax (860) 694-2244

Email: pdimaria@homehelpershomecare.com
      enfieldcoordinator@homehelpershomecare.com
Website: www.homehelpershomecare.com/enfield
Contact: Peter C. DiMaria, Owner
        Kathleen A. Mack, Community Care Coordinator

**Services:** Non-medical, 24/7 care, 7 days per week, rapid response; 1 hour to live-in care; CNA’s, PCA’s and HHA’s; personal care, medication reminders, meal preparation, laundry, light housekeeping, transportation, companionship and shopping; specialties include dementia and COPD care; private pay, long term insurance and Veterans benefits accepted; fully insured and bonded, Nurse Consultants available for assessments; veterans assistance provided; personal emergency response systems available.

**INFINEX INVESTMENTS, INC**
94 North Elm Street, Suite 208
Post Office Box 622
Westfield, MA 01086
(413) 562-6228 • Fax (413) 562-3108

Email: jporter@infinexgroup.com
Website: www.youronesource.biz
Contact: Janet Lee Porter, FSS, Registered Representative

**Services:** Infinex Investments, Inc., is a full-service brokerage firm, in business since 1991. We specialize in fixed and variable annuities, mutual funds, long term care and life insurance. As investment representative, we can help you put together a financial plan to best suit your needs. Please call for a free consultation.
Western Mass Eldercare Professionals Association

JEWISH FAMILY SERVICE OF WESTERN MASS (JFSWM)
1160 Dickinson Street
Springfield, MA 01108
(413) 455-1936 • Fax (413) 455-1740
Email: c.chandler@jfswm.org
g.abashina@jfswm.org
Website: www.jfswm.org
Contact: Cathy Chandler LICSW, Clinical Social Worker
Galina Abashina, MA Marketing and Developing Coordinator (Ext. # 106)

Services: JFSWM provides exceptional social services, grounded in Jewish values, to support individuals and families from diverse cultural and economic backgrounds. Programs include in-home and office-based counseling, aging in place services for older adults, elder guardianship & conservatorship, caregiver support groups, refugee resettlement and citizenship services.

JGS LIFECARE
770 Converse Street
Longmeadow, MA 01106
(413) 567-6212 x3105 Lori Payson • Fax (413) 567-4380
(413) 565-2500 x1112 Tanya • Fax (413) 567-3782
Contact: Lori Payson, Director of Sales & Community Relations- JGS Lifecare
Tanya Ellis, Volunteer Coordinator- Spectrum Home Health and Hospice
Email: lpayson@JGSLifecare.org
tellis@JGSLifecare.org
Website: www.JGSLifecare.org

Services: JGS Lifecare is a continuum of care without the hefty buy-in; you use and only pay for the services you need with many insurance and payment options available to you. JGS Lifecare understands there are many senior living choices available; however, we are confident no other option can provide the quality or continuum of care available on our 23-acre campus in Longmeadow. Here, residents have access to:

Leavitt Family Jewish Home- Nursing Home, Rehabilitation Services and Frances B. Cohen Palliative Care-413-567-6211
Sosin Center for Rehabilitation – 413-567-6211 “Ask for Sosin” * a state-of-the-art 24 bed Green House model of care - the only one in Western Mass
Ruth’s House- Assisted Living Residence- 413-567-6212
Spectrum- Home Health & Hospice Care- 413-567-4600
Wernick- Adult Day Health Care- 413-567-3949 ext. 1511
Genesis House – Subsidized independent Living- 413-567-0350
Western Mass Eldercare Professionals Association

**Keystone Commons**
460 West Street
Ludlow, MA 01056
(413) 583-6611 • Fax (413) 583-7701

Email: gbarone@keystonesenior.com
Website: www.keystonesenior.com
Contact: Grace Barone, Director Community Relations

**Services:** Keystone Commons provides Independent, Assisted and Memory Care residential living in Ludlow, MA. Keystone Commons is a rental community that offers people over the age of 55 years a delightful way to live. Independent Living (44 apartments) provides 31 meals per month, cable TV, housekeeping, transportation to medical appointments, a gym, Movie Theater, emergency care system and much more. Assisted Living (44 apartments) offers three meals daily, up to one and a half hours of personal care daily, and all of the above amenities. Our Memory Care (12 suites) wing offers a safe secure neighborhood providing daily activities to enrich lives with dignity and respect. Our new unique program, Aging in Place, allows residents to stay in their independent apartment and receive assisted living services, without having to move. Keystone commons is expanding the Assisted Living wing by ten new apartments which will be studio size and more affordable to the general public.

**Kind Hands Care at Home**
296 N. Main Street, Suite 20
East Longmeadow, MA 01028
(413) 525-3800 • Fax (413) 525-3802

Email: ldavila@kindhandscare.com
jmaggs@kindhandscare.com
tmaggs@kindhandscare.com
bmaggs@kindhandscare.com

Website: www.kindhandscare.com
Contact: Liz Davila, Managing Partner
Jan Maggs, Managing Partner
Tim Maggs, Client Relations
Becky Maggs, Office Manager

**Services:** Kind Hands Care at Home is locally owned and operated home care agency. We recognize the desire of people to remain in their homes as they age, but this is not always possible without a little assistance. Often, family members want to provide that special care but with life, work and busy schedules this is not always possible. Kind Hands is happy to assist with a range of services; Dementia/Alzheimer’s care, companionship, personal care, housekeeping, shopping, meal preparation, laundry, medication reminders and escorts to appointments or events, pet care/visit program. Our care plans are carefully designed to meet each individual’s needs; whether help is required once a week, several times a day or even around the clock, we are here for you. Our caregivers are qualified, carefully screened, bonded and fully insured.

**Landmark at Monastery Heights**
110 Monastery Ave
West Springfield, MA 01089
(413) 781-1282 • Fax (413) 781-2182

Email: Tracey.messina@landmarkseniorliving.com
Danielle Loiko@landmarkseniorliving.com

Website: www.landmarkseniorliving.com
Contact: Danielle Loiko, Community Relations Manager
Tracey Messina, Marketing Director

**Services:** A supportive community for seniors that fosters and encourages independence through the promotion of good health, an active lifestyle and personalized care services. Offering Independent and Assisted Living and a special memory loss program, MorningStar. Wellness programs including holistic options for better health & wellness. 24-hour staff and individualized personal care plans. Dynamic activity and exercise programs. A philosophy of respect and dignity. Beautiful park like setting located on 18 acres of beautiful grounds. Historic New England charm at its finest! Come “home” to Monastery Heights! Passion, People & Purpose- That’s Landmark Life.
Western Mass Eldercare Professionals Association

LAW OFFICE OF JOHN L. ROBERTS
1200 Converse Street
Longmeadow, MA 01106
(413) 567-5600

Website: www.MassHealthHELP.com
Contact: John L. Roberts Esq., Attorney
*Click on my website to view estate planning, Medicaid, and elder law videos

Services: Wills, Trusts, Power of Attorney, Health Care Proxy.
Complete Estate Planning including real estate and long-term care.
Expertise in planning eligibility for Medicaid, Veterans Benefits, Social Security Disability, Probate of Estates and Guardianship.
Certified by the non-profit National Elder Law Foundation.
Member: NAELA, National Academy of Elder Law Attorneys and Mass NAELA

LEGACY COUNSELLORS, P.C.
117 Pleasant Street
Easthampton, MA 01027
(413) 527-0517 • Fax (413) 529-8027

Email: esorbi@legacycounsellors.com
Website: www.legacycounsellors.com
Contact: Emily K. Sorbi, Client Services Coordinator

Services: Legacy Counsellors, P.C., is an estate planning firm with over twenty years of experience.
Legacy Counsellors, P.C., offers asset protection through the use of wills and trusts. Medicaid and VA Planning are also offered. Offices are located in both Easthampton, MA and Bloomfield, CT.

LISA M. BEAUVAIS, ATTORNEY AT LAW
171 Park Avenue, suite 101
West Springfield, MA 01089
(413) 746-8525 • Fax (413) 732-9799

Email: lisa@attylisambeauvais.com
Website: www.attylisambeauvais.com
Contact: Lisa M. Beauvais Esq., Attorney

Services: Attorney Lisa M. Beauvais specializes in Elder Law and Estate Planning. She focuses her practice on helping people of all ages plan for their future needs, ranging from basic estate plans to more sophisticated and complex estate planning issues. Through both compassion and care, Lisa develops creative solutions to the unique challenges of a client’s estate planning needs. Law offices are located in West Springfield, Massachusetts.
Longmeadow Council on Aging
231 Maple Rd.
Longmeadow, MA 01106
(413) 565-4150
Contact: Erin Koebler, Outreach Coordinator

Email: ekoebler@longmeadow.org
Web site: www.longmeadow.org/149/adult-center

Services: Longmeadow council on Aging staff are available to answer your questions in an effort to connect residents with appropriate social service programs, including information regarding health benefits, information and referral, and crisis intervention. Our Outreach Coordinator and Health Coordinator provide home visits for residents. Regular visits are made to our seniors, with documentation of their current status noted. Visits are made to evaluate and assess the needs of our seniors to determine whether a homemaker, home health aide, or any other assistance is needed. Every effort is made to coordinate these services. Residents living alone or who are disabled may complete a confidential form which will provide emergency personnel with a contact person who has access to your home in the event of an emergency. Servicing the Health Insurance Needs of Elders (SHINE) provides trained volunteer counselors weekly at the Longmeadow Adult Center. SHINE counselors can assist you with all questions and problems relating to health insurance. We can offer information on housing options and we maintain a supply of medical equipment for loan, among other services.

Loomis House
298 Jarvis Ave.
Holyoke, MA 01040
(413) 538-7551 • Fax (413) 536-2024
Contact: Jessica Picard, Marketing Director

Email: jpicard@bhs1.org
Website: www.loomishouseholyoke.org

Loomis Lakeside at Reeds Landing
807 Wilbraham Rd.
Springfield, MA 01109
(413) 355-5880 • Fax (413) 781-4271
Contact: JoAnne O’Neil, Senior Marketing Manager

Email: Joneil@loomiscommunities.org
Website: www.loomiscommunities.org

Services: The Loomis Communities is a non-profit organization located in Western Massachusetts with four retirement communities. Two of our locations are Continuing Care Retirement Communities. We offer Independent Living, Assisted Living, and Skilled Nursing Care in our Loomis House and Loomis Lakeside at Reeds Landing locations, which are in Holyoke and Springfield. Loomis Village, which is located in South Hadley, has both Independent and Assisted Living apartments. Our Applewood location in Amherst offers Independent Living apartments. Living options range from, studio to spacious apartments with one and two bedrooms and cottages and villa’s. The Loomis Communities has offered senior living opportunities for over 100 years.
Western Mass Eldercare Professionals Association

LOUIS & CLARK PHARMACY AND MEDICAL SUPPLY
309 East Street
Springfield, MA 01104
(413) 949-0921 - Skip Matthews
(413) 219-2174 – Diane Cordeiro
(413) 285-8003 – Rachel Duda
• Fax (413) 737-3814

Email: 
- skip@lcdrug.com
- dcordeiro@lcdrug.com
- rduda@lcdrug.com
Website: 
www.lcdrug.com

Contact: 
- Skip Matthews, President & Owner
- Diane Cordeiro, Marketing Manager
- Rachel Duda, Marketing Assistant

Services:
We strive to help our customers maintain their independence and quality of life by creating a positive experience while serving the community’s medical supply and prescription needs. Our medical supply products range from bathroom safety items, compression stockings, diabetic footwear and insoles, and incontinence products to lift chairs, ramps, skin care, and Vionic® shoes. Our specialty pharmacy services include MediBubble©- Multi-Dose Medication Packaging, Vial Synchronization, and Unit Dose Blister Packaging. Our pharmacy and medical supply showroom are located a half mile from one another in Springfield, while we also have medical supply locations in Easthampton and East Longmeadow (our newest medical supply location)!

MASON WRIGHT SENIOR LIVING
74 Walnut St.
Springfield, MA 01105
(413) 733-1517 • Fax (413) 747-8357

Email: 
- Eileen@masonwright.org
- Nicole@masonwright.org
Website: 
www.masonwright.org

Contact: 
- Eileen Drumm Moore, Executive Director
- Nicole Burns, Director of Admissions and Marketing

Services: Mason Wright is proud to be providing affordable housing and services to seniors and has done so for more than 100 years! Mason Wright combines the comfort and security of a small-town neighborhood with the conveniences and attractions of the Springfield area. We offer Assisted Living with spacious studio and one-bedroom apartments, all with private baths. Our specialized Memory Care neighborhood is unique, with private studio and one-bedroom apartments, available, along with companion suites. Services in Assisted Living and Memory Care include, but are not limited to: weekly housekeeping, linen and laundry services, Life enrichment programs, three delicious meals a day and specially trained staff. Our 28 one-bedroom Independent Living apartments are over 1100 square feet and include a full kitchen, dishwasher, washer and dryer. Our Mission at Mason Wright is to provide quality housing and daily living services to support the dignity and independence of seniors without regard for their ability to pay.
Western Mass Eldercare Professionals Association

MEDICARE ADVISORS (THE)
P. O. Box 626
Worcester, MA 01613
(508) 831-0805 • Fax (508) 831-0498

Email: russ@themedicareadvisors.com
Website: www.ThemedicareAdvisors.com
Contact: Russell E. Swalllow, Managing Director

Services: The Medicare Advisors are a OneStopShop for supplemental Medicare Insurance plans—Medicare Advantage (Part C) ---prescription Drug Plans (PDP) – Medicare Supplement (Medigap) –Senior Care Options (SCO)—Special Needs Plans (SNP). We have an educational seminar entitled “Mom, Dad & Medicare: What They Need to Know” which can be delivered anywhere (your location, Lunch & Learn in a corporate setting, service organizations, churches, synagogues, wherever there is a need for Medicare Education). Medicare can be confusing, we make it simple.

MERCY LIFE
200 Hillside Circle Suite 1
West Springfield, MA 01089
(413) 827-4240 • FAX (413) 493-2024
(413) 827-4237 – Tracy

Email: celina.conway@sphs.com
tracy.carroll@sphs.com
Website: www.mymercylife.com
Contact: Celina Conway, Director of Enrollment and Marketing
Tracy Carroll, Center Director

Services: Mercy LIFE is an innovative healthcare choice for seniors living in Western MA. We are a Program of All-Inclusive Care for the Elderly (PACE), tightly coordinated care and support designed to help seniors continue to live safely at home and avoid moving into a nursing home.

MOVING MENTOR, INC.
P.O. Box 3003
Amherst, MA 01004
• (413) 549-1039 • Fax (413) 549-6423

Email: barbara@movingmentor.com
Website: www.movingmentor.com
Contact: Barbara Perman, Ph.D., President and CEO

Services: We offer moving management and organizing services and specialize in working with seniors and their families. Our service areas are primarily Massachusetts, New York City & vicinity, New York, Connecticut, and Vermont. Moving Mentor, one of the oldest senior move management companies in the country, can help with every step of the moving process or help people age in place by reorganizing their space for safety, convenience and emerging needs. We offer presentations and workshops for senior living communities, seniors and family members and professionals, and have authored a book “No Ordinary Move, Relocating Your Aging Parents, A guide for A Boomers” – available in several formats. Our company offers resources, ideas and support to seniors and their families. Visit www.movingmentor.com for more information.
Western Mass Eldercare Professionals Association

O’CONNELL CARE AT HOME
One Federal Street
Building 103-1
Springfield, MA 01105
Danielle, (413) 788-9251 • Fax (413) 533-3545

Email: dlord@opns.com
Website: www.opns.com
Contact: Danielle Lord, COO

Michelle Tardy, HR Admin.

Services: Whether someone you love needs a little help getting around or around-the-clock care, O’Connell’s has helped people remain in the most comfortable place of all for them, home, for 26 years. From personal care and homemaking to nursing services and transportation, call O’Connell Care at Home. Locally owned by Holyoke Native, Fran O’Connell.

O’DONALD LAW OFFICES
1859 Northampton St.
Holyoke, MA 01040
(413) 533-7400 • Fax (413) 533-7577

Email: alison@odonaldlaw.com
Website: odonaldlaw.com
Contact: Alison Bartlett-O’Donald, Attorney

Services: Legal Services specializing in Estate planning, Guardianship and conservatorships, and Elder Law.

PALMER HEALTHCARE CENTER
250 Shearer St.
Palmer, MA 01069
(413) 283-8361 X 24 (Tina) • Fax (413) 283-6990
(413) 283-8361 X 29 (Bridget)

Email: tegleston@palmerhc.com
bridgeto@palmerhc.com
Website: palmerhc.wixsite.com/palmer-healthcare
Contact: Tina Eggleston, Director of Nursing
Bridget O’Neil, MDS Coordinator

Services: A privately owned deficiency free 61 bed long term and short-term care unit, offering PT/OT/ST service. We are contracted with CCA, Mercy Life and Fallon Care. We strive to provide our residents with the top-notch quality care.
Western Mass Eldercare Professionals Association

PROVIDENCE PLACE
5 Gamelin Street
Holyoke, MA 01040
(413) 534-9700 Fax: (413) 534-9782

Email: lhoey@providenceplace.org
Website: www.providenceplace.org
Contact: Laurie Hoey, Director of Marketing

Services: Providence Place at Ingleside is an independent living retirement community located on twenty acres of a park like setting. In this renovated Mother House of the Sisters of Providence, we house a majestic chapel with daily Mass. We offer large one or two-bedroom rental apartments with no entrance fees or buy ins. Restaurant style meals, transportation, 24 hr. staffing, wellness programs and much more in this non-profit community.

QUABOAG REHABILITATION & SKILLED CARE CENTER
47 E. Main Street
West Brookfield, MA 01585
(508) 808-3726

Email: ltzivanis@sheehanhealthgroup.com
Website: www.Quaboagonthecommon.com
Contact: Leslie Tzivanis, Admissions and Marketing Liaison

Services: 147 Unit Short Term Rehabilitation and Skilled Nursing Center located on West Brookfield’s picturesque town green.

REALISTIC SOLUTIONS MR
191 Chestnut St. Suite 2D2
Springfield, MA 01103
(413) 363-1195 Fax (413) 363-1302
(774) 578-2660

Email: Realisticsolutionsmr@gmail.com
Website: www.realisticsolutionsmr.org
Contact: Mary Berard, President- CEO

Medical Billing A-Z
1. Claim submission electronically
2. Clearing house reports and setups
3. Coding review and corrected as needed
4. Payment posting
5. Data entry of encounter with the EMR
6. Insurance verification as needed
7. Appeals and reconciliation on claims processing and aging
8. Fee negotiations with insurance companies to increase the revenue by 10% above the EOHHS

Credentialing All insurance Companies: Medicare, Medicaid, LTC, Tufts, NHP, Network Health, BMC, Asap (MRC, GSSSI, West Mass Elder Care), Bcbs, Fallon, Aetna, United Health Care, Optum Health, Cigna, HNE, (B-Healthy) and more.

Specialized Collection Projects 2 Years and Younger:
1. No prior Authorizations
2. No referrals
3. Over the file time
4. Not contracted with the insurance company
5. Claims over 90 days old
6. Partially paid claims
Western Mass Eldercare Professionals Association

ROCKRIDGE RETIREMENT COMMUNITY
25 and 37 Coles Meadow Rd.
Northampton, MA 01060
(413) 586-2902 • Fax (413) 584-0694

Email: crachmaciej@rockridgema.org
Website: www.rockridgema.org
Contact: Christine Rachmaciej, Director of Sales and Marketing
         Paige Novotny, Administrative & Marketing Assistant

Services: Rockridge Retirement Community offers a rewarding and active lifestyle in a community setting for Seniors 62 and older. There are 30 apartments and 12 cottages that are certified for both independent and Assisted living. Assistance and come right into your home when you are in need of more help. We offer a full range of amenities and services as well as a full cultural arts schedule. Violet’s Crossing features 25 full apartments for those who are independent. They are moderate income rentals and feature a café, laundry, utilities and community events. The Gardens, our Memory Support is fully assisted for those needing assistance with Dementia or Alzheimer’s. It features a secure first floor location with bright spacious hallways and an enclosed courtyard/garden. There is daily structured programs and activities which emphasize independence and inclusion. Rockridge was founded in 1971, by the late Elmo and Violette Young as a Rest Home. We offer 46 private suites for supportive living and offer financial assistance. Meals, medication management and a community setting are offered.

ROVITHIS REALTY
674 North Main St.
East Longmeadow, MA 01028
(413) 221-7075

Email: mcsellhomes413@gmail.com
Website: www.rovithisre.com/maureencoughlan
Contact: Maureen Coughlan, Realtor

Services: Maureen Coughlan is an award winning, top producer Real Estate Agent servicing Western Mass and Northern CT. She offers a free, no obligation CMA (Comparative Market Analysis) to evaluate market value of the home by comparing what has sold most recently and what is the competition. In addition to that, she will advise sellers what repairs or changes will bring the most money for their home. She has a list of painters, remodelers, floor refinishers, electricians, plumbers, handymen, inspectors, appraisers, estate sale professionals, etc. Call her for her expert advice.

SERENITY HOME ORGANIZING
P.O. Box 352
Montague, MA 01351
(413) 336-0692

Email: jill@serenityhomeorganizing.com
Website: serenityhomeorganizing.com
Contact: Jill Bromberg, Founder

Services: Serenity Home Organizing provides professional organizing and move management services to minimize the stress associated with downsizing and/or moving. As proud members of NASMM (the National Association of Senior Move Managers) we offer expert compassionate assistance in all aspects of the physical and emotional process. Services include preparing a home to sell, creating customized floor plans, helping with decisions on what to keep, sell or donate, packing and unpacking and more.
Western Mass Eldercare Professionals Association

SILVERLIFE CARE AT HOME
14 Crescent Hill
Springfield, MA 01105
(413) 564-9575 •

Email: catherine.williamson@silvertlifecare.com
Website: www.silvertlifecare.com
Contact: Catherine Williamson, MS, Gerontologist

Services SilverLife Care at Home-Our dedicated staff is trained for your loved ones’ specific needs in memory care management, home rehabilitation assistance and personal care services. We provide active companionship, escorts for appointments, errands or community activities to keep seniors engaged, independent and living safely where the heart is-HOME!

SilverLife Care Workshops/Counseling offer direct provider in-services, CEU training and workshops or speaking engagements on topics related to the psychology and social aspect of aging and aging support services. Appropriate for senior centers, senior housing events, healthcare or women’s conferences. Our Master’s level Gerontologist has a background in financial and residential services, dementia care, aging services, Medicare/ Medicaid counseling as well as family and community mediation. She also is producer and host of a dynamic Aging topics TV show on public access in CT entitled Senior View.

SOUTHWICK PHARMACY
SOUTHWICK PHARMA LLC
P.O. Box 1126
549 College Highway
Southwick, MA 01077
(413) 998-3446

Email: southwickpharma@gmail.com
Website: www.southwickpharmacy.com
Contact: Sree Athuluri, Pharmacy Manager

Services

WELCH AGING IN PLACE
37 South Park Avenue
Longmeadow, MA 01106
(413) 335-2891

Email: joe@joewelchconsulting.com
Website: www.welchaginginplace.com
Contact: Joe Welch, O.T., C.A.P.S.- Certified aging in place specialist

Services: Joe evaluates homes to determine what physical changes would need to be implemented, in order for you or your loved one to remain in their present home, safely and comfortably. By utilizing his skills and training as a Certified Aging in Place Specialist, he will spend about an hour in your house, paying particular attentions to: Entrances to the house; Bathroom(s); Bedroom(s) and kitchen.

Based on that information, and input from the client (and loved ones) he writes a comprehensive report. The information is focused on the “match” between the client’s functional abilities, and the present set-up and condition of the home. The written recommendations are arranged in a hierarchy-from low-cost, to moderate-cost, up to “I plan to stay here until the end”.

Not sure this is what you need? Call and receive a free 10-15-minute telephone consult to see if Joe at Welch Aging in Place is the right fit for you!
Western Mass Eldercare Professionals Association

WELLINGTON at SPRINGFIELD (THE)
942 Grayson Dr.
Springfield, MA 01109
(413) 426-9868 • Fax (413) 426-9651

Email: eskerry-hastings@capitalseniorliving.net
cfrappier@capitalseniorliving.net
eburke@capitalseniorliving.net
Website: www.wellingtonatspringfield.com
Contact: Liz Skerry-Hastings, Executive Director
Christie Frappier, Marketing Director
Emma Burke, Marketing Coordinator

WEST CENTRAL FAMILY AND COUNSELING
103 Myron Street, Suite A
West Springfield, MA 01089
(413) 592-1980 • Fax (413) 439-0096

Email: joshf@nehcm.com
Joanneg@nehcm.com
simonap@nehcm.com
Dpaseos@nehcm.com
Website: www.westcentralfamily.com
Contact: Joshua Frank, Marketing Manager
Jo-Anne Gaughan-Cabral, Clinic Director
Simone Pozzetto, Clinic Director
Diane Paseos, Clinic Supervisor

Services: A family owned outpatient mental health clinic with specialty services in geriatric mental health, substance use disorders and cancer informed therapy. Our team consists of psychiatrists, nurse practitioners, and therapists. We offer Spanish speaking services and can accommodate outreach appointments.
Services: WestMass ElderCare is a private, non-profit agency located in Holyoke MA. Our mission is “to preserve the dignity, independence, and quality of life of elders and disabled persons desiring to remain within their own community.” The agency offers a variety of services for elders, their families and caregivers, and persons with disabilities, so that they can remain in their homes and avoid institutionalization. The majority of WestMass ElderCare services target elders and persons with disabilities who are at greatest economic and social need; however, the agency offers a full range of information and services. WestMass ElderCares main service area included the communities of Holyoke, Chicopee, Granby, South Hadley, Ludlow, Belchertown and Ware: the service area includes many additional outlying communities for our MassHealth-funded programs such as Personal Care Management, Adult Foster Care and Group Adult Foster Care.

WestMass ElderCare (WMEC) was incorporated as a private, non-profit corporation in 1974 and at that time, was designated by the Massachusetts Executive Office of Elder Affairs as a Home Care Corporation to provide state-funded services to help eligible elders remain at home. In 1976, the agency received its federal designation as an Area Agency on Aging, channeling Older Americans Act funds to local communities for an expanded array of additional community and home-based services for elders. In 1998, WestMass ElderCare was designated as an “Aging Services Access Point” (ASAP) by the Executive Office of Elder Affairs, continuing its responsibility to provide a full range of services to allow elders and disabled adults, particularly those in greatest economic and social need to remain in the community for as long as possible.

WILLIMANSETT CENTERS EAST & WEST
11 Saint Anthony St.
Chicopee, MA 01013
(413) 388-4370 • Fax (414) 368-4112

Email: admissions@willimansettcentereast.com
Website: www.willimansettcentereast.com
Contact: Sherry Mayer, Admissions and Business Development Director

Western Mass Eldercare Professionals Association
2018 - Member Companies & Organizations

A Better Life Homecare, LLC
Advocate 4 You
Alzheimer’s Association
American Inn for Retirement Living
Arbors at Chicopee Assisted Living (The)
Arbors at Westfield (The)
Armbrook Village
Bacon Wilson, P.C.
Baystate Accessibility Remodelers
Beacon Hospice
Benchmark Senior Living: Atrium at Cardinal Drive
Bottom-Line Bodywork, LLC
Brightstar Care of Hartford & Springfield
Brownstone Gardens/ Carr Property Management
Care Givers of Massachusetts
Caregiver Homes
Caring Transitions of Hampden County
Carr Property Management/ IWISH Team
Center for Extended Care & Rehabilitation at Amherst
Chapin Center
Choices Elder Support, LLC
Christopher Heights of Belchertown
Christopher Heights of Northampton
Colonies Care at Home
Concierge Nurse Advocate Care Coordinator
Cooley Dickinson VNA & Hospice
East Village Place
El Grupo de Apoyo de Demencia
Excel Homecare and Nursing Services
Fedor Financial Group, LLC
Gove Law Office, LLC
Governor’s Center
Greater Springfield Senior Services, Inc.
Healthcare News (HCN)
Holloway Home Care
Holyoke Healthcare Center
Home Helpers of N.C.C. and Western MA
Jewish Family Service of Western Mass (JFSWM)
JGS Lifecare
Keystone Commons
Kind Hands Care at Home
Landmark at Monastery Heights
Law Office of John L. Roberts
Legacy Counsellors, P.C.
Western Mass Eldercare Professionals Association

Lisa M. Beauvais, Attorney at Law
Longmeadow Council on Aging
Loomis House
Loomis Lakeside at Reeds Landing
Louis & Clark Pharmacy and Medical Supply
Mason Wright Senior Living
Medicare Advisors (The)
Mercy Life
Moving Mentor, Inc.
O’Connell Care at Home
O’Donald Law Offices
Palmer Healthcare Center
Providence Place
Quaboag Rehabilitation & Skilled Care Center
Realistic Solutions MR
Rockridge Retirement Community
Rovithis Realty
Serenity Home Organizing
SilverLife Care at Home
Southwick Pharmacy/Southwick Pharma LLC
Welch Aging in Place
Wellington at Springfield (The)
West Central Family and Counseling
WestMass Elder Care
Willimansett Centers East & West
Wingate Healthcare

2018 – Member Names & Companies

Abashina         Galina         JFSWM
Athuluri         Sree           Beacon Hospice
Baker            Allison        Southwick Pharma LLC
Barone           Grace          Benchmark Senior Living: Atrium at Cardinal Drive
Barry            Gina M.        Keystone Commons
Bartlett-O’Donald Alison        Bacon Wilson, P.C.
Beauvais, Esq.   Lisa, M        O’Donald Law Offices
Lisa M. Beauvais, Attorney at Law
<table>
<thead>
<tr>
<th>Name</th>
<th>First Name</th>
<th>Last Name</th>
<th>Organization</th>
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</thead>
<tbody>
<tr>
<td>Berard</td>
<td>Mary</td>
<td></td>
<td>Realistic Solutions MR</td>
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<tr>
<td>Bromberg</td>
<td>Jill</td>
<td></td>
<td>Serenity Home Organizing</td>
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<tr>
<td>Brookens</td>
<td>Nikki</td>
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<td>WestMass Elder Care</td>
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<td>Burke</td>
<td>Emma</td>
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<td>The Wellington at Springfield</td>
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<td>Burns</td>
<td>Nicole</td>
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<td>Mason Wright Senior Living</td>
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Western Mass Eldercare Professionals Association

King  Christine  Excel Homecare and Nursing Services
Koebler  Erin  Longmeadow Council of Aging
Labbe  Brenda  Greater Springfield Senior Services, INC
Lemay  Meghan  Alzheimer’s Association
Lessard  Maura  Advocate 4 You
Loiko  Danielle  Landmark @ Monastery Heights
Lord  Danielle  O’Connell Care at Home
Mack  Kathleen A.  Home Helpers of NCC and Western MA
Maggs  Becky  Kind Hands Care at Home
Maggs  Jan  Kind Hands Care at Home
Maggs  Tim  Kind Hands Care at Home
Martin  Karen  Greater Springfield Senior Services, INC
Matthews  Skip  Louis & Clark Pharmacy and Medical Supply
Maxton  Debbie  Colony Care at Home
Mayer  Sherry  Willimansett Centers East and West
Messina  Tracey  Landmark @ Monastery Heights
Moran  Cheryl  Benchmark Senior Living: Atrium at Cardinal Drive
Morrell  Maria  Care Givers of Massachusetts
Novotny  Paige  Rockridge Retirement Community
O’Neil  Bridget  Palmer Healthcare Center
O’Neil  JoAnne  Loomis Lakeside at Reeds Landing
Paseos  Diane  West Central Family and Counseling
Payette  Jennifer  Holyoke Healthcare Center
Pease  Michelle  Holyoke Healthcare Center
Perman  Barbara  Moving Mentor, INC
Picard  Jessica  Loomis House
Pidgeon  Tracey  Beacon Hospice
Pozzetto  Simona  West Central Family and Counseling
Rachmaciej  Christine  Rockridge Retirement Community
Randall  Anna  Greater Springfield Senior Services, INC
Roberts Esq.  John L.  Law office of John L. Roberts
Schelb  Mary-Ann  JGS Lifecare
Semenza  Matthew  Caregiver Homes
Simeone  Janet  Caregiver Homes
Skerry-Hastings  Liz  The Wellington at Springfield
Sorbi  Emily K.  Legacy Counsellors, P.C.
Stack  Rebecca  Brownstone Gardens/ Carr Property Management
Stein  Lea  El Grupo de Apoyo de Demencia
Stone  Lorna  Christopher Heights of Belchertown
Sullivan  Deborah  Arbors Assisted Living Communities
Swallow  Russ  The Medicare Advisors
Syriac  Bianca  The Arbors at Westfield
Szczepanek  Jessica  East Village Place
## Western Mass Eldercare Professionals Association

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